

**Down to Earth Top Tips
For everyone to help
save the planet!**



**Urchfont Parish council seeks to
become a CARBON NEUTRAL Parish
by 2030**

(This leaflet is printed on 100% recycled card)

Questions? Contact Us:



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upcenviromentalgroup.aspx](http://www.urchfont-pc.gov.uk/community/upcenviromentalgroup.aspx)**

We would love to hear from you!



Urchfont Parish Environment Group

U.P.E.G

Carbon Neutral By 2030



Reduce Your Carbon Footprint

(& Save Money)



Tick off our Top Tips

A quick and easy checklist

To stick up at home

REALLY EASY!

- UNPLUG STUFF & SWITCH OFF LIGHTS
- TURN THE THERMOSTAT DOWN
- DRY HAIR & CLOTHES NATURALLY
- SHORT SHOWERS NOT BATHS
- USE RE-USABLE WATER BOTTLES (DITCH THE SINGLE USE)
- SWITCH TO A GREEN ENERGY TARIFF
- USE RECYCLED LOO PAPER
- JOIN A SUSTAINABILITY FACEBOOK GROUP e.g. SUSTAINABLE(ISH)
- CHECK OUT URCHFONTS PARISH COUNCIL WEBSITE FOR MORE!
- INVESTIGATE FOOD WASTE COMPOSTING OPTIONS
- SWITCH TO LED LIGHT-BULBS

A BIT HARDER

(BUT WORTH IT....)

- SET YOURSELF A CHALLENGE AND KEEP TO IT e.g. WALK OR CYCLE, BUY SECOND-HAND CLOTHES, MAKE RED MEAT A TREAT
- SHOP LOCALLY AND ETHICALLY (WHERE YOU CAN AFFORD IT)
- REFUSE, REDUCE, REUSE, RECYCLE PACKAGING
- SEAL DRAUGHTS; LAG PIPES
- COOK SUFFICIENT; LOVE LEFTOVERS
- CONSIDER WHY GOODS ARE CHEAP (SOMEONE OR SOMETHING (THE ENVIRONMENT) IS PAYING!)
- TRACK AND MANAGE UTILITY BILLS
- SWITCH TO RE-USABLE NAPPIES AND DITCH THE WET-WIPES
- SERVICE YOUR CAR REGULARLY

NEEDS PLANNING

(& MAYBE SOME INVESTMENT....)

- INSULATE YOUR HOME
- GROW YOUR OWN VEG & HERBS
- REPLACE OLD BOILERS
- INSTALL A SUSTAINABLE ENERGY SYSTEM (SOLAR-PANELS)
- INSTALL DOUBLE OR TRIPLE GLAZING
- UP-CYCLE FURNITURE
- CAR-SHARE
- ENERGY AUDIT OF YOUR HOUSE
- JOIN A SUSTAINABILITY GROUP AND GET INVOLVED & ACTIVE
- FLY LESS!

(Add your own goals)

- _____.
- _____.
- _____.